

BODY RITUALS

Iles Pacifique // 60' 110€

This luxurious treatment begins with the **Island Body Scrub**, leaving the skin smooth and soft. It is followed by the application of **Relaxing Massage Oil**, which incorporates rhythmic **Lomi-Lomi movements** and warm herbal pouches that relax the muscles and nourish the skin.

Mer Des Indes // 60' 110€

This ritual is inspired by **Ayurveda** and the science of **Marmas** (energy points). It releases tension points related to the stress of everyday life. Enjoy the nourishing power of **Indian Red Algae**, combined with the harmonizing benefits of **Ayurvedic essential oils**, to restore balance to the body and mind.

Cold Cream Marine After Sun // 60' 100€

A relaxing body treatment enriched with the **Cold Cream Marine** formula. The skin is soothed and replenished with essential lipids. It regains its softness thanks to the exceptional nourishing body wrap and unique massage. An ideal **After Sun** treatment.

SACRED GLOW FACIAL SERIES

Heart of the Ocean // 45' 90€

The first marine-based skin treatment, concentrated with active ingredients that deeply hydrate and renew the skin, delivering a wave of moisture with immediate and long-lasting results. The skin is instantly hydrated, revitalized, and appears fresher and more radiant.

Cica Hydration Facial // 45' 90€

The SOS skincare line with marine prebiotics designed to repair, soothe, and strengthen sensitive or damaged skin. The skin becomes more resilient and better protected against external aggressions, with long-lasting results.

Hera Anti-Age Facial // 60' 120€

A rejuvenating treatment with peptides and plant extracts to firm, smooth, and restore youthful glow.

THE RITUAL OF TOUCH

Touch of Eirene // 60' 90€

A soothing full-body massage with warm oils and flowing strokes to calm the mind and ease tension.

Heracles Strength // 60' 100€

A deep-tissue massage to relieve muscle knots, boost circulation, and restore strength.

Cretan Ritual // 70' 120€

A grounding ritual with olive oil and local herbs, inspired by ancient Cretan healing.

Hermes Path // 45' 75€

An energizing leg and foot massage to refresh tired limbs and improve circulation.

Atlas Relief // 45' 80€

Focused back, neck, and shoulder work to relieve built-up tension and mental fatigue.

Aphrodite's Escape // 80' 220€

A romantic couple's massage with rose and vanilla oils to restore harmony and connection.

All massages and therapies can be combined with the use of our steam room and sauna in advance